

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example).

- **First Baptist Church**, 224 Linda Vista, **Pittsburg**, 1st and 3rd Thursday, 10:00am-12:00pm
- **Solomon Temple**, 655 California Avenue, **Pittsburg**, 1st Tuesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children 4 and 5 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as, proof of child's birthday.

- **Solomon Temple**, 655 California Avenue, **Pittsburg**, 1st Tuesday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Church of the Good Shepherd**, 3200 Harbor Street, **Pittsburg**, 2nd and 4th Thursday, 11:00am-12:00pm, Serves people living south of Highway 4
- **St. Mark's Baptist Church**, 360 Central Avenue, **Pittsburg**, 2nd and 4th Thursday, 9:30am-10:30am, Serves people living north of Highway 4

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose ONE location:

- **Buchanan Park**, 4150 Harbor Street, **Pittsburg**, 1st and 3rd Tuesday, 12:00-1:00pm
- **City Park**, 167 N. Parkside Drive (near the baseball fields), **Pittsburg**, 1st and 3rd Tuesday, 2:00-3:00pm
- **WIC Pittsburg Parking Lot**, 2311 Loveridge, **Pittsburg**, 1st and 3rd Thursday, 1:30-3:00pm
- **The Pentecostals**, 310 Central Avenue, **Pittsburg**, 2nd and 4th Thursday, 12:00-1:00pm
- **1st Baptist Family Life**, 224 Linda Vista, **Pittsburg**, 2nd and 4th Thursday, 2:00-3:00pm
- **Solomon Temple**, 655 California Avenue, **Pittsburg**, 2nd and 4th Thursday, 4:00-5:00pm

Food Assistance Program Only			All Other Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,436	\$17,235	1	\$1,915	\$22,980
2	\$1,939	\$23,265	2	\$2,585	\$31,020
3	\$2,441	\$29,295	3	\$3,255	\$39,060
4	\$2,944	\$35,325	4	\$3,925	\$47,100

For households with 5 or more persons, refer to www.foodbankccs.org; income guidelines subject to change.

Other Food Assistance

You may also qualify for **CalFresh** (formerly **Food Stamps**) and the Food Bank can help you apply. We may also help you find emergency food at one of our partner pantries or soup kitchens. To learn more, call toll free at 1-855-309-FOOD (3663).